## Healthy Life

#### Government's Post Ebola plans Highlight Survivors Empowerment and welfare



Jerry Brown and Survivors being discharged from the ELWA II **W** ore than 1,500 Liberians have survived

Ebola Virus Disease Outbreak in Liberia . their families and communities as well as facing practical challenges in re-gaining em-

ployment due to fear and stigma ... Numerous efforts have been made by the Victims' families in 3 installment in the Libe-Government of Liberia and its partners to rian Dollars equivalent. This process is done empower survivors so as to meet the huge through Mobile Money –Lone Star Company. demands of the lack of basic social needs.

The range of assistance include Monthly cash reduce the level of post-traumatic stress disorstipend of \$150 to 1200 survivors for 6 der as it relates to EVD. Give out awareness months for community work (survivors will on EVD and preventives methods through the be hired to act as referral mechanisms for Hotline, and Community awareness. Counselvulnerable children, referring them to availa- ing Survivors and victims' families who are ble services in close collaboration with coun- distressed due to the EVD through the Hotty social worker, and providing PFA, Provi-line

sion of basic business skills training for 1200 Provide Psycho-care package (Pot set, survivors to gain money management plates, cups, few cups of rice, red oil, sardine, Many have faced challenges when rejoining knowledge so as to best utilize the stipend, cube salt, etc.) to survivors/ victims' families empowerment/Capacity building of survivors who are desperately in need. in PFA and the basics of child protection,

Of those, 9,249 cases, including 4,117 deaths,

were in Liberia, which six months ago was

reporting more than 300 new cases each week.

whose health infrastructure had been ravaged

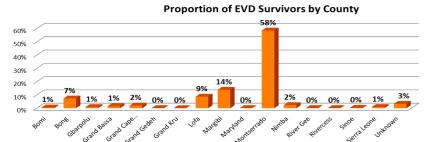
LiLast EVD Survivor Discharged from the Chinese ETU

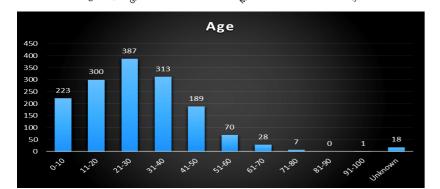


EVD Survivor Beatrice Yardolo pose for a picture with dignitaries and Chinese Medical Team

Liberia has Discharged its last Ebola patient on March 5, 2015 from the Chinese ETU in Monrovia. Beatrice Yardolo expressed on At the height of the epidemic in a country the day that she was discharged,

#### Analysis of line-listed EVD SURVIVORS (n=1,536)





kept thanking God and the health workers at the Chinese-run Ebola treatment center in the Paynesville, Monrovia, where she was admit- none were positive, WHO said, adding that it ted on February 18, 2015 when Liberia had was first time there had been no new congone 28 days without a case. Since the out-

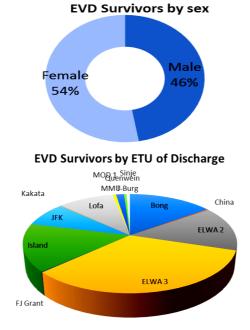
"I am one of the happiest human beings today by two back-to-back civil wars and overflowon earth because it was not easy going through ing

Cash assistance is given to Survivors and

·Conduct individual and group therapy to

this situation and coming out alive," 58-year health clinics. But a huge national and internaold English 'teacher Beatrice Yardolo. She tional response helped stem the spread.

Of 45 samples tested nationwide last week break began in December 2013, nine countries was less positive in Guinea and Sierra Leone, have been infected with the virus, and 9,807 of the other countries affected by the outbreak, which jointly reported 132 new confirmed cases few weeks ago.







#### Some achievements of Dr. Bernice Dahn during her tenure as Chief Architect for Health Services/CMO

Deffort to rebuild the health system through ty to 2.9 in Sinkor County. namely infrastructure, equipment, drug availa- tives. bility and human resources.

pharmacies). Overall, 22% of the health facili- sionals since 2009.

C ince 2005, the country has made great from 1.0 per 10,000 population in Bong Coun- EVD Outbreak was brought under control by the close of the year. reform and introduction of the basic package The total number of clinical health workers Two-thirds of children under one received of health services (BPHS) under the National increased from 1,396 in 1998 to 4,653 in pentavalent 3 vaccines and 95% received Health Policy and Plan 2007 – 2011 and later 2010. The overall total workforce also grew pneumococcus first dose vaccines. the Essential Package of Health Services by approximately 19% from 8,072 in 2011/12 Liberia introduced Pneumococcus Conjugate (EPHS) under the National Health Policy and to 9,589 in 2012/13. As of October 2014 there Vaccine (PCV) and named an ambassador for Plan 2011 – 2021 all of which defined the type were over 10,000 health workers (October immunization. of services to be delivered at every level of 2014 MOH database of public sector health Distributed 900,000 insecticide treated nets to care, inclusive of the minimum levels of re- workers) that were either on Civil Service health facilities for ANC clients. sources required to provide the package, payroll and/or receiving donor - funded incen- Screened and surgically repaired 59 fistula

victims (32 were completely dry after surgery) The public health workforce included 117 and 10 survivors were economically empow-As chief architect, the total number of health physicians (0.03 per 1,000 population), 436 ered and reintegrated into their communities, facilities has increased from 618 in 2010 to physician assistants (0.08 per 1,000 pop), while 24 awaits the completion of their train-725 in 2014, according to the HMIS data. This 2137 nurses (RN/LPN) (0.4 PER 1,000 POP) ing cycle program; corresponds with one health facility for 5,500 and 659 midwives (0.12 per 1,000 pop) which Finalized the National Donation Guidelines of people. In 2014, there were 35 hospitals, 51 presented a 30% increase for 50 - 60% in-Liberia (NDGL) and the National Medicine health centres and 639 clinics (as well as 137 crease for the other three core health profes- Policy of Liberia pending official launch by the Ministry of Health.

ties were private - for - profit of which nine Through the collaborative efforts of the Minis- Planned, organized and hosted the 15th Asout of ten were located in Montserrado and try of Health Incident Management System, sembly of ECOWAS Health Ministers Meet-Margibi Counties. Facility density ranged partners, line ministries, donors, health care ing in Monrovia in April 2014; workers, response teams and communities, the

#### WHO Africa Region Director Visits Liberia



Dr. Moeti posed for a picture with high level staff of MOH and partners

loaded with meetings, including a visit to the that Paul Bridge Community and finally held a stated that "in a next outbreak, while WHO joint press conference with the Ministry of

Foreign Affairs. will be sending data managers and epidemiol-In a meeting with senior staff at the Ministry ogists, they will also include social scientists, of Health, Dr. Moeti expressed her pleasure to who know how to communicate with the combe in Liberia at that very positive moment munities from the very beginning of such outwhen things worked wonderfully to the Ebola break". epidemic in the country and the sub-region. She also praised President Ellen Johnson She acknowledged the formidable leadership Sirleaf for leading the robust response Liberiof departing Health Minister Dr. Gwenigale ans exhibited toward the on-going Ebola fight. and Health Minister-designate Dr. Bernice At the meeting, she was presented with a very Dahn have demonstrated throughout the Ebola beautiful embroidered Quilt as gift from the Virus Disease outbreak response. The WHO Ministry of Health. Africa Region Director said that the national Following the discussions, Dr. Moeti was taken on a guided tour of the facilities of new-

approach has now made Liberia move toward Regional Director for Africa of the World zero cases. Health Organization (WHO), Dr. "I am very optimistic that on the 9<sup>th</sup> of May, dence management system which is headed Matshidiso R. Moeti, has paid a three day wherever we will be, we will be jumping up by Deputy Minister Tolbert Nyenswah. On visit to Liberia. Her visit will include signifi- and down that Liberia has been declared Ebo- her departure, she expressed her optimism that cantly, a meeting with President Sirleaf at the la-free. I am very confident of that", she said. with the level of organization and readiness, Foreign Ministry. Dr. Moeti's itinerary was In in a rather more serious tone, she admitted Liberia will surely go to Zero and will adequately and timely respond to future out-Redemption Hospital and Zuma Town at St. "WHO have learned a lot," she stressed. She breaks.

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# **Healthy Life**

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Health Minister Designate, Dr. Bernice Da

### **Healthy Life**

#### Findings of the KAP study

#### Awareness, knowledge and about EVD

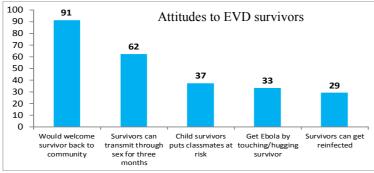
- 100% Awareness of Ebola
- 99% reported three or more correct forms of transmission
- 84% mentioned vomiting as an Ebola symptom
- **80%** mentioned diarrhoea as an Ebola symptom
- **96%** said Ebola could be prevented by avoiding funeral or burial rites that involve touching or washing the body
- 95% said Ebola could be prevented by avoiding physical touch with a person showing symptoms of Ebola

#### Misconceptions about EVD

- 33% said Ebola could be spread by mosquito bites
- 26% believed Ebola could be prevented by bathing in salt and hot water

#### Risk perceptions and attitudes

- 73% perceived no risk of getting Ebola because they felt they were following all the preventive messages.
- 95% and more: accepted Ebola preventive strategies (isolation of symptomatic persons, ETU referrals, support for contact tracing, and quarantine of affected communities).



#### Government and partners validate robust investment plan



#### Cross section of participants of High level staff and partners at the validation workshop

The Government of Liberia, along with part-ners has embarked on critical and strategic priorities in the Health Sector.

Government and its partners have instituted numerous initiatives to revitalize and strengthened the health sector which was completely devastated by the EVD Outbreak Key among these efforts was the development of a ten year National Health and Social Welfare Policy and Plan and the essential package of health services.

The Investment package was designed to With these initiatives, a number of significant achievements were scored in the health sector including the attainment of MDG 4 and improvement in access to health and social services from 40% -80%, among others.

Following three days of deliberation the investment plan was validated and endorsed, and will be presented by the President of Liberia at a pledging (Donor) conference in Washington, DC, from 17-19 April, 2015 spear headed by the World Bank.

These investment areas will focus on nine key components which will contribute collectively to address critical health systems preconditions to attain the defined targets. They are summarized as follows

♦ Fit for purpose productive & Motivated Health Workforce- The Health Sector investment priorities will focus on the implementation hiring plan to absorb up to 4133 public sector health workers into government payroll based on priority restoration needs. The sector will focus on ensuring hazard pay

to maintained their motivation levels shift towards ensuring effectiveness of care and patient – centeredness of services, in line with the EPHS, to rebuild the trust with com-Re-engineered health infrastructure-The infrastructure priorities will focus on updating the norms for infrastructure, equipment and transport, and institutionalization of fleet

and benefits to health workers are sustained

and logistics management, to facilitate better

management and efficient use of the availa-

ble transport and logistics system. In the

transition period, the priorities include the

decommissioning of the ETUs and CCCs and

reposition the existing WASH and other re-

sources to health facilities, schools and bor-

der areas and establishment of triage and

isolation infrastructure in all health facilities.

Epidemic Preparedness and system-The

sector is focused on improving and sustaining

the quality of surveillance at a level able to

detect suspect EVD cases in areas with, or

without active EVD transmission. Nationally,

an Emergency Operations Centre (EOC) is

being established, including an incident Man-

agement System (IMS) to coordinate the

response. Eventually this together with the

enhanced public health laboratory network

will form part of the Public Health Institute,

also to be supported in this plan. In addition,

significant cross border collaboration is prior-

itized in the context of the Mano River Union

to ensure information and resource synchro-

Management capacity for medical supplies

asset transfer and transition of medical sup-

plies and diagnostics capacities used during

the EVD response to the routine health ser-

vices, and scale up the purchase of essential

medicines and supplies for all the reopened

facilities. Accelerate procurement according

to quantified needs (for drugs, supplies,

Enhancement of quality services delivery

systems-The sector will accelerate capacity

improvements in warehousing and distribu-

tion, purchase required essential supplies and

incorporate all equipment (like incinerators

for medical waste) remaining after EVD

response into regular system. In the invest-

ment plan period the sector focus shall be to

build adequate capacity for management of

required medicines and supplies at all levels.

equipment & machinery).

and diagnostics - The sector will focus on

nization.

munities. In the health system restoration period, the overall focus shall be to restore and enhance serve delivery systems to ensure quality of care for clients and a safe working environment for health staff. The additional priorities shall focus on ensuring a comprehensive look at issues of quality of care addressing all its six dimensions (safety, effectiveness, timeliness, efficiency, equity and patient-centeredness).

In the transition phase, the sector focus shall

- Comprehensive Information, research and communication management-The information, research and communication systems were highlighted as a key weakness, limiting the availability and use of information to guide decision making in the line with this, the sector will prioritize the following interventions to strengthen the overall capacity for information management.
- Sustainable community engagement-In the immediate period, the sector will focus on deepened community engagement, through sustained social mobilization strategies using community volunteers. In the transition period, the health sector will focus on integrating the developed community systems into the formal health services for preparedness and response to epidemics and disasters. These structures include the County and District task forces. County and District disaster management committees, County rapid response teams and Community health development committee. Development of messages for restoration of health care services focusing on why people need to seek timely care, safety of the health facilities will be prioritized.
- Leadership and governance capacity
  - Efficient health financing systems-The health sector will work towards putting in place sustainable health financing systems that will ensure efficiency and equity in use of health resources.

Expanded program on Immunization Launches Integrated Measles Campaign to Boost **Routine vaccines coverage** 

A child being given Polio Vaccine

Measles is one of the leading causes of death among children under 5 even though a safe and cost-effective vaccine is available. Compared to other vaccine-preventable diseases, measles is particularly contagious and is associated with significant mortality.

Before the EVD Outbreak, Coverage Was Reaching Target (2013 89% coverage (Penta 3) with efforts to increase utilizaPolio campaigns alongside a Focus on Urban Montserrado .

A justification of such strategy was a statistical explanation that 33% (49,628) of under 1 population live in Montserrado with 9 out of 10 people living in densely populated Monrovia District. Only 98/241 facilities in the county provide RI services. Out of these, 80% of these are private facilities. Montserrado has more unvaccinated children than all other counties combined (2012) with 5971 children missing Penta 3 and 12,938 children missing Measles.

According to the 2102 RI coverage survev, Lack of Information is a key reason for under Vaccination with bother reasons which caused a negative Impact of EVD on Routine Immunization such as fewer health care workers or closed facilities, Health workers were afraid to provide services, parents afraid of health care workers and facilities and rumors of the "Ebola vaccine".

This led to the low coverage of the Periodic intensification of Routine Immuniza-

#### Government of Liberia Celebrates one year of EVD Outbreak response



which are the "final resting places of our est and most complex Ebola outbreak resultloved ones among others. ing in more cases and deaths than all previ-This year's observance coincides with a one ous instances combined. year celebration of planned activities to mark Liberia is among one of three countries most the commemorate the events, this one year severely affected by the outbreak. The outanniversary presents an opportunity for a break exposed weaknesses of the healthcare series of events across Liberia to mourn for system, which has taken a heavy toll on Lithose who have been lost, highlight the berians directly affected, as well as their achievements in the containment of the dis- families and health care workers involved in ease and remaining challenges to get to zero. direct care in the response. The Celebration draws its significance from There are 3,143 cumulative confirmed cases the devastation caused by the Ebola Virus and 3,747 cumulative confirmed deaths. Disease outbreak which severely affected There are nearly 4,000 children who have our national Socio-economic fabric by taking lost one or both parents to Ebola. Of the overnment Officials Health Partners, away 3,747 lives. They are being considered 371 healthcare workers infected with the U members of the international communi- s 'Heros' and individual whose demise draw disease, 179 have died. At present, over ty, and the general citizenry converged at the attention of the international community 1,400 people have survived the virus. Men, the Presbyterian church at the corner of to the devastation caused by the EVD outwomen and children have fought valiantly Broad and Johnson streets to observe the break. throughout these challenging times. At this The devastation caused by the impact of the one year anniversary, it may now be an imof Ebola Virus Disease in Liberia cannot be portant moment to recognize individuals, overemphasized .The current Ebola Virus families and communities through a national Disease outbreak in West Africa, (initial set of commemoration events

99th memorial ceremonies of Decoration day in Liberia. The second Wednesday in March each year is set aside to remember the dead. Activities marking the day include Memorial Service, cleaning of the various Cemeteries cases identified in March 2014), is the larg-

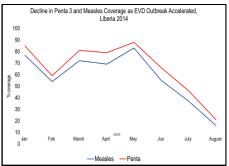


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tion of services & raise awareness beyond

tion (PIRI) Dec. and February rounds. The Effect of these reasons resulted into Measles outbreaks in Montserrado, Grand Bassa and Bong Counties whereas an outbreak in Maryland county.

With this situation, the Expanded program on Immunization (EPI) will on May 8-14, 2015. conduct the National Integrated Measles Campaign which will be



Graph showing the decline of Measles and Penta Vaccines Conerage

targeting all children under the age of five years old in order to to Reach Children with Measles Vaccine and Increase Routine Immunization Coverage .