

THINGS YOU SHOULD

KNOW ABOUT LASSA FEVER AND ITS PREVENTION

- Always keep your home and surroundings clean and keep rats away
- Dispose of garbage correctly and away from the home
- Cover your food and drinking water to rats from playing in it

What are the steps to take during Lassa fever outbreak?

Recognize the signs and symptoms of Lassa fever, call 4455 and report quick quick to the CHA or health workers

Keep sick people separate in their own room and do not touch their body fluids as you wait for help

In case of death of anyone in the community, inform the CHA or community leader to call for help from the health people



HINTS

- Lassa fever can be prevented and cured
- If you prevent Lassa fever, you can live a healthier life

WHAT YOU NEED TO KNOW AND DO TO PREVENT LASSA FEVER



ALWAYS CLEAN YOUR HOMES, SURROUNDINGS AND COVER YOUR FOOD TO PREVENT LASSA FEVER



WHAT IS LASSA FEVER?

Lassa fever is a bad viral sickness which is among us here in Liberia and has affected many people and killed some.

WHAT ARE THE CAUSES OF LASSA FEVER?

You can catch this sickness from eating food or drinking water or getting in touch with household items contaminated by pupu or pee pee of an infected rat.

HOW IS LASSA FEVER SPREAD?

It can also be spread through contact with People who are sick with the disease or their body fluids

WHAT ARE THE SIGNS & SYMPTOMS LASSA FEVER?

The first signs are fever, general weakness and malaise. Later one gets headache, sore throat, muscle pain, chest pain, vomiting, diarrhoea, cough and abdominal pain

WHO CAN GET LASSA FEVER?

Anyone who eats or drinks contaminated food or drinks can get the disease. Those who have been in contact with someone suspected to have the disease are also at risk.

WHO IS MOST AT RISK OF LASSA FEVER?

Big belly women are most at risk because of their condition.

WHAT IS THE INCUBATION PERIOD FOR LASSA FEVER?

When one gets exposed to the Lassa fever virus, it takes 6 to 21 days to start seeing the signs and symptoms of the diseases.

WHERE CAN LASSA FEVER BE TREATED?

Lassa Fever can be treated at the health facilities if reported early.

WHAT CAN I DO IF I HAVE COME INTO CLOSE CONTACT WITH SOMEONE WITH LASSA FEVER?

Report to the nearest health facility, or your CHAs and call 4455 for help.

IS LASSA FEVER A MAJOR PUBLIC HEALTH PROBLEM?

Yes, Lassa fever is a major public health problem because it causes outbreaks

HOW DO YOU MANAGE PEOPLE WITH SUSPECTED CASE OF LASSA FEVER BEFORE CALLING THE CHA/COMMUNITY LEADER?

Keep the suspected person separate from the rest of family and call the CHA/community leader.